## ONLINE REGISTRATION AND PAYMENT

- · Go to Bobcats.cofo.edu
- Click on the box titled "2024 athletic camps"
- · You will be able to register and pay there

## A MATTER OF IMPORTANCE FOR ALL CAMPERS:

The enclosed College of the Ozarks assumption of risk, medical treatment liability release, and waiver agreement must be completed for each camper and **returned via mail** or **with the camper on the first day of camp.** 

Forms may be mailed to: College of the Ozarks Athletics, Camp Name (VB, GBB, BBB), P O Box 17, Pt. Lookout, MO 65726

Additional printable forms are available on the website



# **IMPORTANT INFORMATION**

**Location:** The 2024 C of O camp will be held on campus. Housing will be in the Keeter Gymnasium balcony. All volleyball will be played in air-conditioned Keeter Gymnasium and Activity Center.

**Registration** will take place in the lobby of Keeter Gymnasium.

Staff members will be on duty at all times. Staff consists of coaches as well as current and former C of O players.

We recommend that each camper be in excellent physical condition. This not only prevents injuries but makes the learning process easier. If a camper needs to be taped, she should bring her own tape. Ankle braces are recommended for weak ankles.

**Camp Waiver** must be completed, signed, and submitted with registration.

Each camp fee includes T-Shirt.

All meals for overnight campers will be served in the C of O Dining Hall.

Stacy Muckenthaler 417.690.2564 • smuckenthaler@cofo.edu

> Make checks payable to : College of the Ozarks Mail to: Stacy Muckenthaler, Athletic Dept. College of the Ozarks P.O. Box 17 Point Lookout, MO 65726



# **2024** Volleyball Camp

Elementary Day Camp (Grades K-5) June 17-19

Jr. High Individual Overnight Camp (Grades 6-8) June 15-16/20-21

Varsity Overnight Camp (Grades 9-12) June 22-23

# CAMP DATES

# Elementary Day Camp (9:00 am - Noon) June 17, 18, 19

#### Grades K-5

Check in June 17, 9:00 am Camp ends June 19, at Noon

This camp is filled with daily instruction for the beginning volleyball player. The C of O Lady Bobcats coaching staff will provide quality instruction as well as demonstrations throughout the duration of camp. Special attention will be given to the basic fundamentals: passing, setting, hitting, serving, and rotations. Campers will compete in skills competitions, games, as well as team competitions.

**\$65.00** per camper

# Jr. High Individual Overnight Camp

#### Grades 6-8

Camp #1 Check in June 15, 9:00 am - 10:00 am Camp #2 Check in June 20, 9:00 am - 10:00 am Camp ends June 16 at 4:00 pm

Camp ends June 21 at 4:00 pm

This individual camp will provide quality instruction in individual techniques of serving, passing, setting, hitting, blocking, serve reception, defense, and team strategies. Instruction and demonstrations will be led by camp staff. Game and skill competition, team competition, and elite skill instruction.

**\$100.00** per camper (includes meals)

# Varsity Overnight Camp

## Grades 9-12

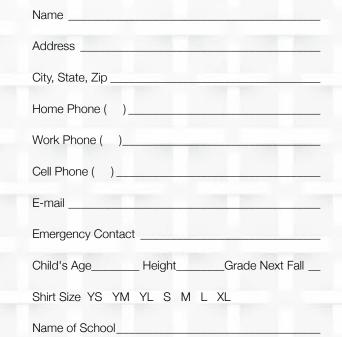
Check in June 22, 9:00 am - 10:00 am Camp ends June 23 at 4:00 pm

This individual camp will provide athletes in the area an opportunity to display their talents on the court. Players will work on fundamentals and learn essential volleyball strategy. Team games and skill competitions will take place throughout the camp.

**\$100.00** per camper (includes meals)

# **Overnight campers only:**

Bring sleeping bag, cot, air mattress, etc. Sleeping facilities are in the gym balcony. Also bring pillow, personal hygiene items, swimsuit, towels and washcloths, clothes, and spending money. The concession stand and the swimming pool will be open each evening.





#### **INDICATE WHICH CAMP YOU WILL ATTEND**

JH Individual Overnight Camp (grades 6-8) #1	June 15-16 • \$100
Elementary Day Camp (grades K-5)	June 17-19 • \$65
Jr. High Individual Overnight Camp (grades 6-8) #2	June 20-21 • \$100
Varsity Overnight Camp (grades 9-12)	June 22-23 • \$100

## POSITION

□ Outside Hitter □ Setter □ Middle Hitter

Right side Unsure Defense





